Amendments to the Specification:

Please replace the paragraph beginning at page 5, line 25 with the following amended paragraph:

As shown in FIG. 2, another system performing a method 200 for locating and processing a foreign data block in a host data file receives a host data file (step 202). The system scans the host data file for a header that the system recognizes as indicating the beginning of a foreign data block packet that contains a foreign data block (step 204). If there are no recognizable headers (step 206), the system indicates that the host data file contains no recognizable foreign data block (step 212). If the system detects a recognizable header (step 206), the system processes the header and the corresponding foreign data block (step 208). The system continues processing until it detects a trailer that indicates the end of the foreign data block (step 210). Optionally, the system modifies the foreign data block in response to user input (step 214). If the modification does not cause the foreign data block to exceed any padding (step 216), then the system embeds the modified foreign data block into the host data file (step 218). Otherwise, the system indicates that the modified foreign data block exceeds the padding (step 220) and repeats steps 214 and 216 until the foreign data block does not exceed the padding. Specifically, the system further modifies the foreign data block in response to additional user input and checks if the current modification results in a current foreign data block that does not exceed the padding.